



Erasmus+



# Erasmus+ mobility opportunities

21 January 2026  
Europe House Bijelo Polje



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# Erasmus+ eligible actions for which is NEO in charge

## Higher Education

International Credit Mobility

Capacity Building in Higher Education

Virtual exchanges

Erasmus Mundus Action

Jean Monnet activities

## VET

Capacity Building in Vocational Education and Training

## Youth

Capacity Building in field of Youth

## Sports

Capacity Building in field of Sports

Opportunities for individuals and organizations

Open Call for Proposals: November - March

# What kind of mobilities are available?



International  
Credit Mobility

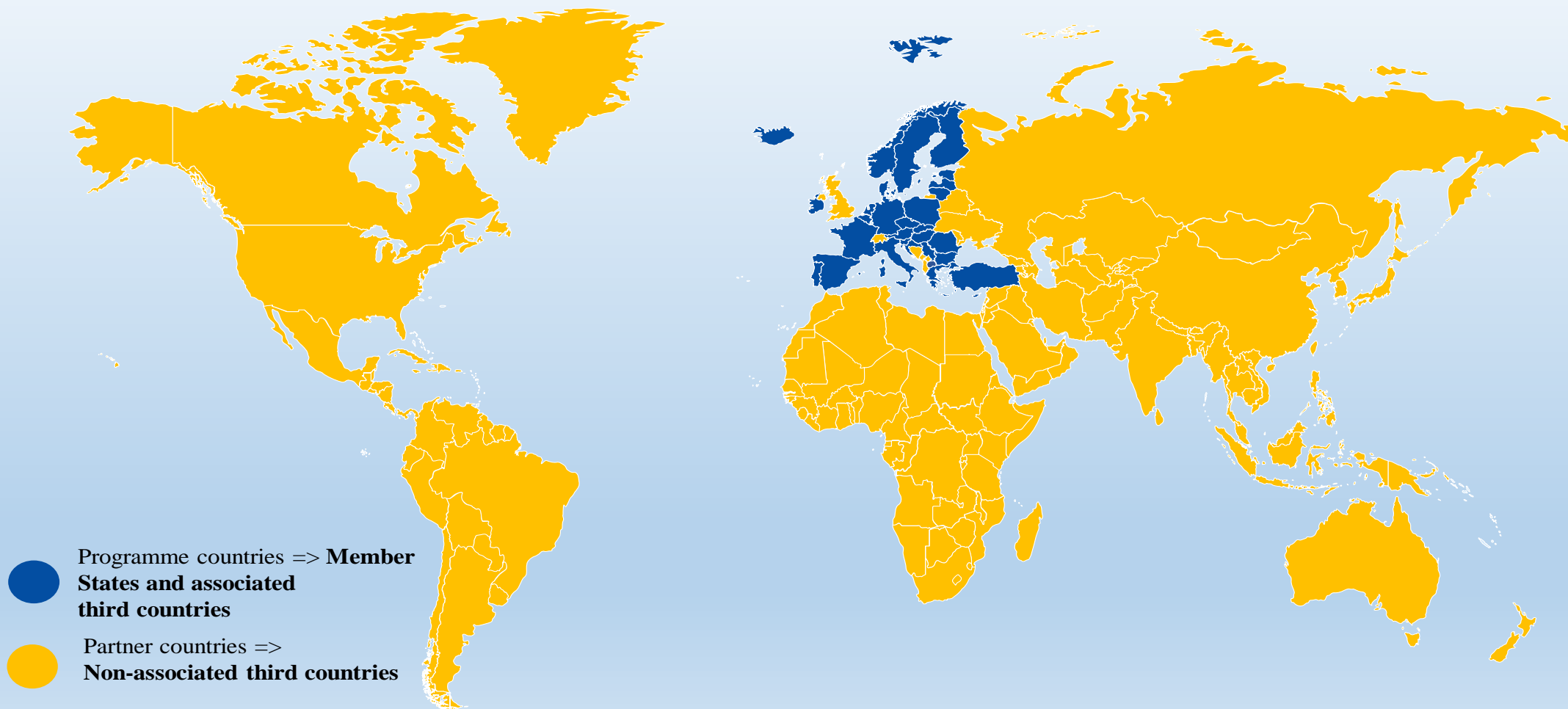


Erasmus  
Mundus Joint  
Masters



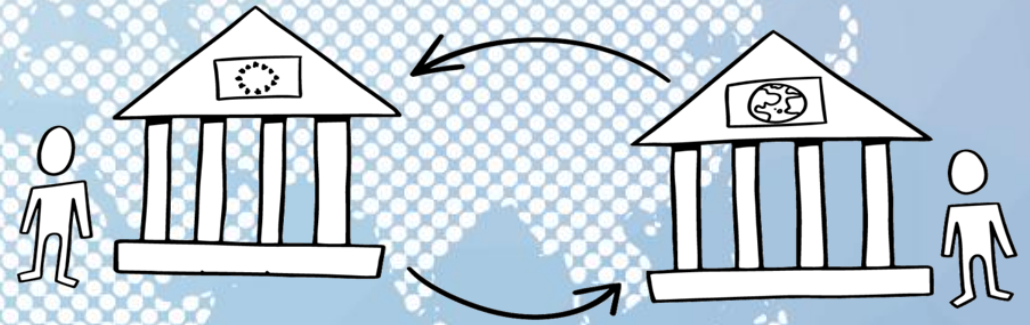
Virtual  
exchanges

# Where can I study abroad through Erasmus+ programme?



# Understanding International Credit Mobility

- Limited period of studying abroad for the purpose of gaining credits.
- International credit mobility projects are based on bilateral agreements between universities in Europe and universities in other parts of the world.
- They agree to send and host each other's students and staff.



# What's in for students?

Duration of the mobility

- 2-12 months

Mobility types

- Study
- Traineeship

Mobility levels

- Bachelor
- Master
- Doctoral

Physical mobilities

Blended mobilities

New!

# What are the eligibility criteria?

Be **registered in a HEI** and following studies leading to a recognised degree

**Complete the first year of Bachelor studies** before applying

Your institution must be located in one of the countries participating in Erasmus + mobility for HE

Fulfill the **selection criteria** defined by your HEI

# What does the scholarship cover?

**Tuition fees, travel expenses**, and often include covered health insurance. The scholarship also includes the **amount intended to cover the cost of living.**

Average scholarship: **700 – 900 €**

# How do I apply for Erasmus+ mobility?

**Contact the International Office** of your HEI to get informed about the conditions of participation

## How to apply?

**Check regularly the official website** of your faculty/university where the calls are published and **prepare the needed documentation**

**Once selected**



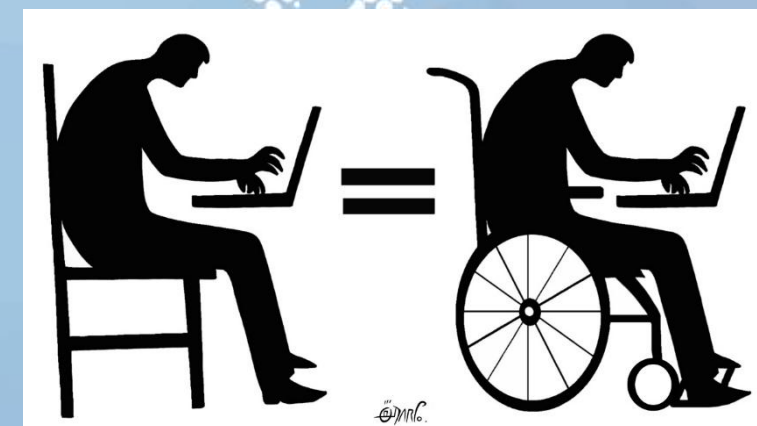
## What's next?

**Learning agreement**  
*(signed between mobility user, sending and receiving institution for study programme definition aims, learning outcomes and credit recognition aims)*



## Bear in mind: inclusion and diversity

- Ensure equal and equitable access and opportunities to participants from all backgrounds.
- Defining internal selection procedures that take into account equity and inclusion.
- Extra financial support to ensure that a person whose individual physical, mental or health-related conditions are such that his/her participation in Erasmus+ would not be possible without financing extra costs.
- HEIs that have selected students with fewer opportunities can apply for additional grant support to the NA.





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## Other Erasmus+ opportunities: Erasmus+ Mundus Joint Master

- Prestigious international masters, jointly designed and delivered by a group of higher education institutions.
- They involve at least 3 institutions from at least 3 different countries, and multiple associated partners from the academic and non-academic world.
- Typically, they include periods of study, research, traineeship, thesis preparation and defence.
- Scholarships available

Erasmus Mundus Catalogue:

[https://www.eacea.ec.europa.eu/scholarships/erasmus-mundus-catalogue\\_en](https://www.eacea.ec.europa.eu/scholarships/erasmus-mundus-catalogue_en)

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**Erasmus Mundus  
Joint Masters**

Looking for a  
**Master's Degree?**  
Need a  
**Scholarship?**  
In **Europe?**



www.ec.europa.eu



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# Erasmus+ mobility in Montenegro in a decade

2015-2020

- 475 ICM projects selected
- 2.944 approved outgoing mobilities
- 1.801 approved incoming mobilities

2021-2025

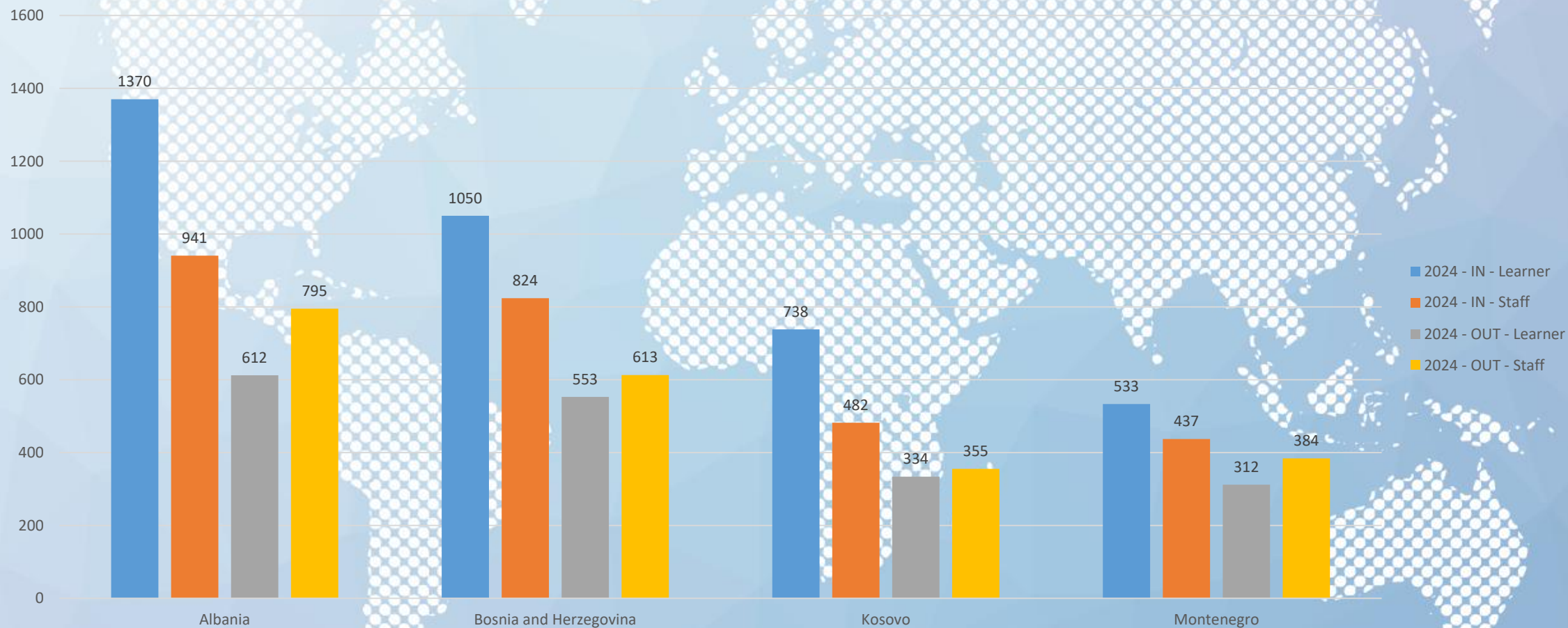
- 588 ICM projects selected
- 2.642 approved outgoing mobilities
- 1.775 approved incoming mobilities



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# Erasmus+ ICM selection results 2024

Mobility Flows 2024





## Why should I be Erasmus+ mobility user?



- Expose to different views, knowledge, teaching and research methods as well as work practices in study field
- Develop transversal skills such as communication, language, problem solving, inter-cultural skills and research skills
- Develop forward looking skills, such as digital skills, that will enable to tackle the challenges of today and tomorrow
- Facilitate personal development such as ability to adapt to new situations and self-confidence

***Check NEO publication on impact of ICM on the students of Montenegro:***

<http://www.erasmusplus.ac.me/wp-content/uploads/Publication-National-Erasmus-Office-in-Montenegro-impact.pdf>



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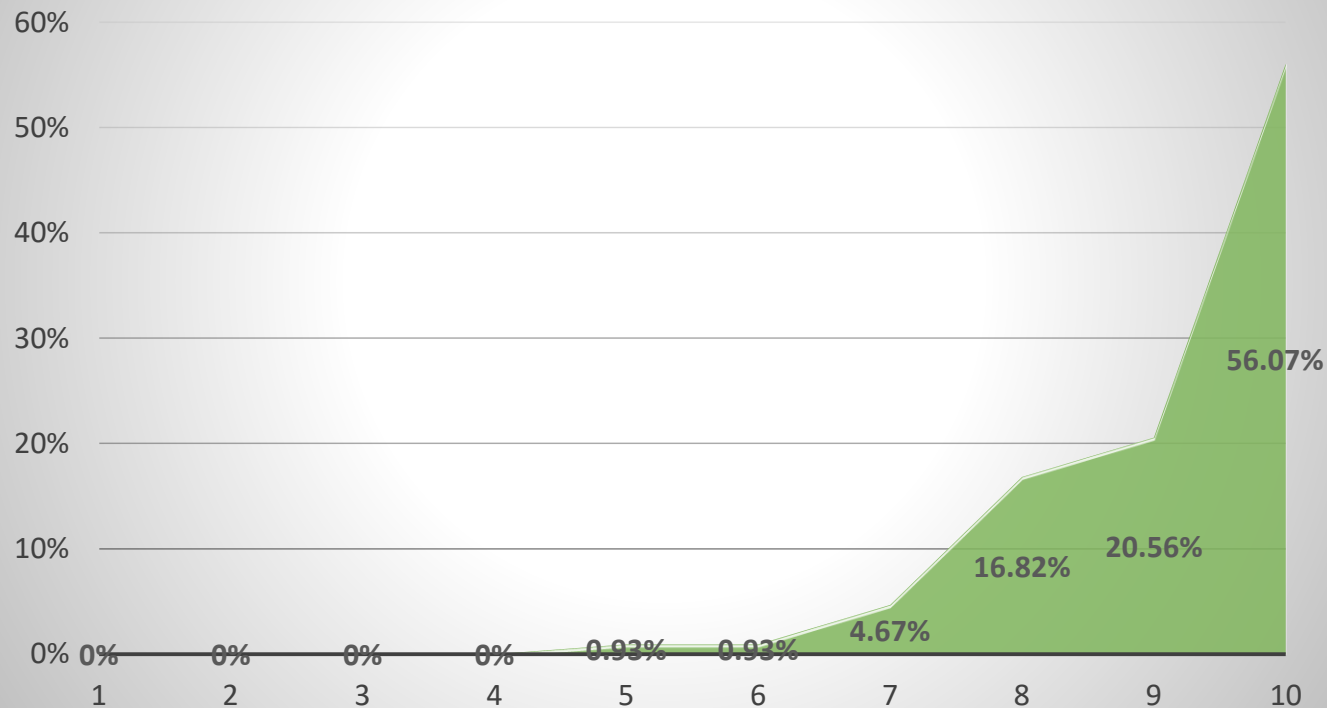
# What are the benefits of mobility?

- Personal Growth
- Soft Skills
- Professional Development
- Enhanced employability through international experience
- Broadened professional networks and career opportunities
- Cultural understanding
- Life long friendships



# Mobility experience

From 1 to 10, to what extent are you satisfied with your mobility period?

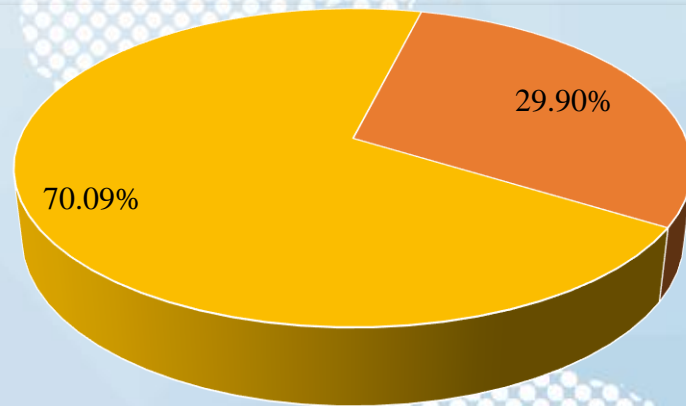


**9.23**

Average grade of students' satisfaction with their mobility period

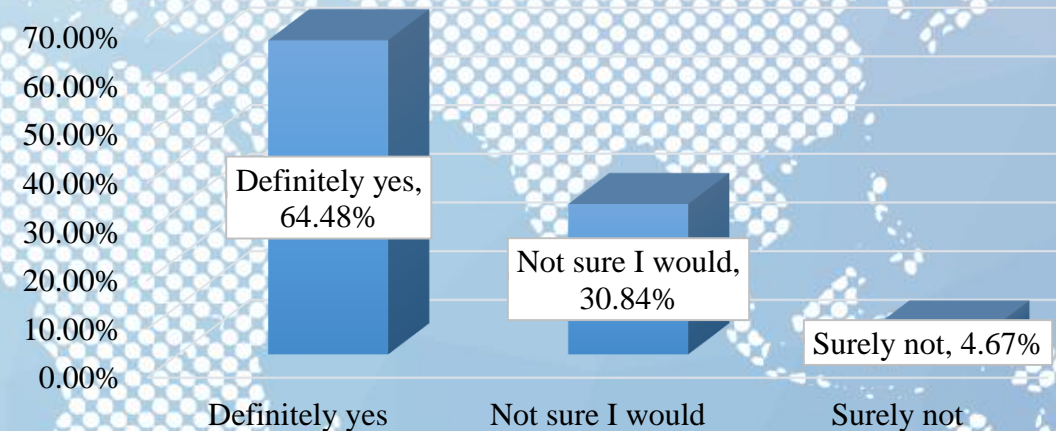
# Recognition of credits

When coming back at your home institution, have you faced the obstacle of recognizing credits?



■ Yes, I have ■ No, I haven't

In case you knew that the credits won't be recognized once back, would you still choose to apply?



“My home faculty signed all the contracts and all of the credits were supposed to be recognized, but when I got back, there was a different scenario.”

# In case you knew that the credits won't be recognized once back, would you still choose to apply?

“It is a unique and exceptional experience. What is a cost not recognizing of credits? Half a year more studying, worst case. Even if that happens, it is worth of going, because Erasmus + is not only about studying.”

“I would more than gladly be a part of Erasmus + ICM, because my experience was more than beneficial in every sense.”

“I think it's once in a lifetime experience, on both educational and social aspects.”

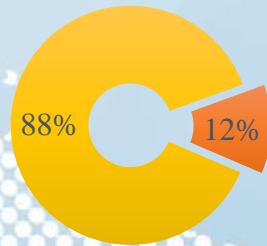
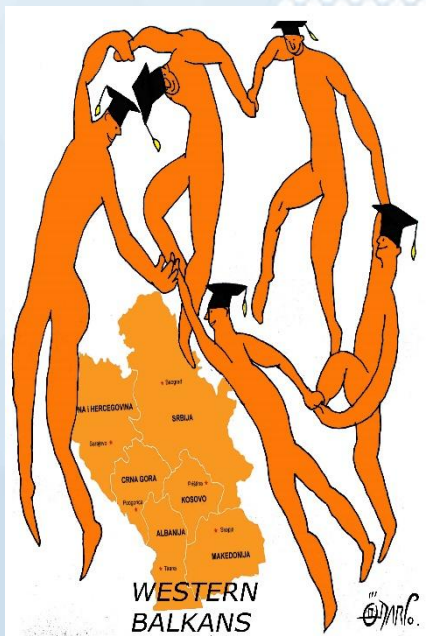
“Definitely, because it is such an amazing experience with lots of opportunities for travel, meeting new people, learning from and about other education systems, getting a closer look into a different culture and society. So it is more than worth it regarding the grades.”

If yes,  
then  
why?

“The experience's worth is much more than just the exams, so yes.”

# Impact at personal level: cultural aspects

Did you have prejudices about the nation and culture of the hosting country prior to mobility period?



■ Yes, I had ■ No, I didn't have

“I thought German people are cold and unfriendly, but I realized that that was not true when I was living there.”

“I imagined Turkish people to be very introverted and not helpful to others. I made sure that it's actually quite the opposite, they are very happy to help others and are a more open-minded nation that I expected.”

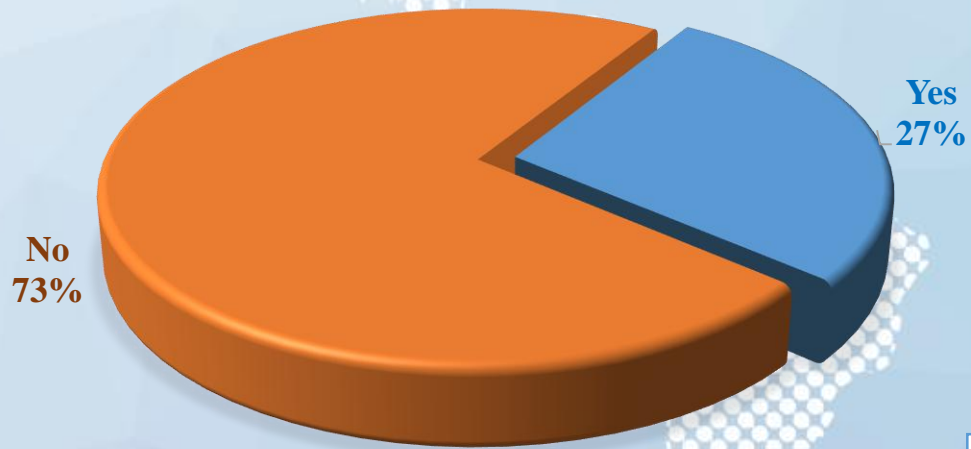
“I've perceived Polish people as cold and distant before going to Warsaw on mobility, but during that period I was proven otherwise. Also, I was amazed by their progress in economic and technology terms, since I've expected Eastern Europe feel to the country.”

“Image of Bulgaria that media sometimes present I don't find very true because in Bulgaria there are so many beautiful things to see, starting from nature beauty to people that are mostly kind and helpful.”

“I made friends that completely changed my perception of Germans and the Western Europe generally. I thought they were cold people but it is not true.”

# Impact at professional level

**DID MOBILITY PERIOD HELP YOU FIND A JOB?**



“ [...] all the time on the interviews my mobility experience was something that interviewers found interesting, would like to talk about and made me different from other candidates.”

“Learning how to deal with different cultures, respecting and understanding them and learning a new language, opens the doors everywhere.”

“I was hired by an international non- governmental organization thanks to my Erasmus experience.”

“International organizations or companies are more than often looking to employ people who have had an international experience aboard and that can work in an multicultural environment.”

“All of my employers particularly appreciated my international mobility, as it demonstrated unique skill set that I gained [...].”

“ [...] people love employees who have seen the world and have the world within themselves.”

“Of course. [...] In this way you have more arguments on popular interview question ‘Why should we choose you’.”

# Spill over impact: EU accession

Has your mobility period impacted your positive attitude towards EU accession and contributed to get further knowledge on EU integration and its benefits?



*Yes*

- “I was the Eurosceptic one, but now I think [EU accession] would have a good impact by increasing chances.”
- “Even before I had positive attitude about Montenegrin integration in EU, but this exchange just strengthened it.”

*No*

“I don’t feel like my mobility had anything to do with Montenegro joining EU. [...] neither did I feel being in an international community brought me closer to EU.”

*Other*

- “I already had a positive attitude towards EU integrations.”
- “I was thinking the same even before my exchange program.”



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# Erasmus+ students' recommendations

Don't be afraid and seek for opportunities. Go for new experiences!

Don't be afraid of a change!

Go out of your comfort zone and rise wiser and stronger!

Let that be your biggest adventure.

If you are thinking to apply for this kind of exchange, do it immediately because this experience can only improve you in many ways.

Do the exchange because it's a life changing experience that you can learn a lot from.

Less think, just do it!

Take a chance and make yourself happy. Make a change in your life. You won't regret!

If you want to expand your personal and professional skills, this is a great opportunity.

Be brave!

Don't waste this unique opportunity and apply for Erasmus+!

Take the chance and enjoy life as an Erasmus+ student.

**Thank you for your attention!**

**Rina Muhaj**

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