

ROLES



Amina Murić
Youth Initiative for Human Rights

Project Information

Overview of the ROLES Project under Erasmus+ Capacity Building in Youth



1 December 2025



24 months



To build capacity in youth
work through artistic
approaches.

This initiative is focusing
on mental health de-
stigmatization and
enhancing youth workers'
skills to foster supportive
environments for young
people.



Why this project?

Mental health stigma

Youth workers' needs

Art-based approaches



Main Goal

Capacity Building

Empowering youth workers
with essential skills



De-stigmatize Mental Health

Promoting awareness and
reducing stigma together

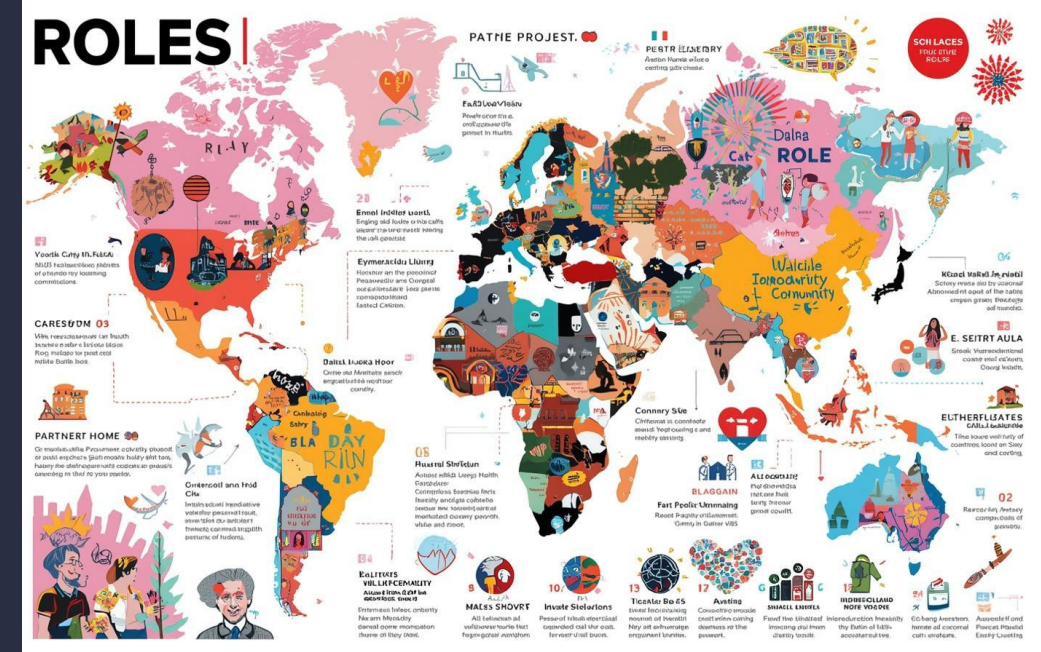


Artistic Approaches

Integrating creativity in mental
health support



Project Partners



Greece – United Societies of Balkans (Coordinator)

Portugal – Teatro Metaphora

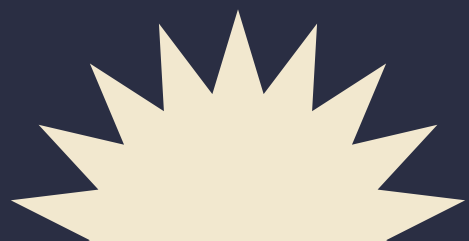
Poland – Fundacja Sempre A Frente

Czech Republic – INspire, z. s.

Montenegro – Youth Initiative for Human Rights

Bosnia and Herzegovina – Local Democracy Agency Mostar

Albania – ACT Center



Key Activities

Trainings for youth workers

Empowering youth workers
through innovative techniques



International and local activities

Hands-on experiences promoting
mental health awareness



Art-based workshops

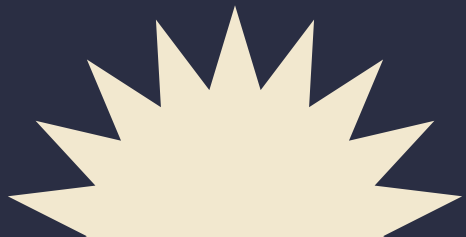
Creative approaches to de-
stigmatize mental health



Role of YIHR Montenegro

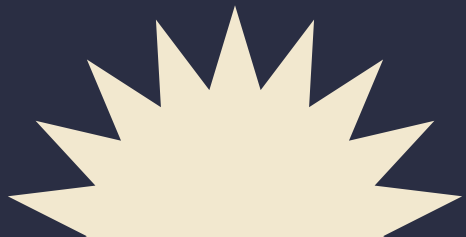


- Local activities
- Youth engagement
- Mental health & human rights



Importance & Impact

Safer youth spaces
Skilled youth workers
Sustainable impact



Thank you

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